

Boost Team Morale: One Simple Way to Recognise Great Work This Christmas

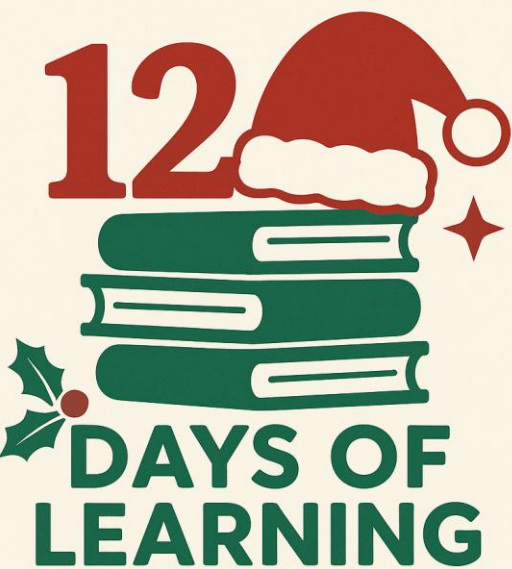
This time of year can be busy, stressful — and a little overwhelming.

But one *small*, thoughtful action can have a *big* impact on morale:

💡 **Sincere, specific recognition.**

🌟 **Why Recognition Matters**

- Increases motivation and engagement
- Builds connection and belonging
- Boosts energy before the year-end rush
- Reminds people that their efforts truly matter



💡 **The One Simple Way:**

Give the gift of genuine praise.

Try the “**See it. Say it. Share it.**” approach:

👁️ **See it** – Notice when someone goes the extra mile.

💡 **Say it** – Tell them *exactly* what you appreciated and *why*.

🎉 **Share it** – If appropriate, recognise them publicly (team meeting, email, Christmas message board).

“I really appreciated how you kept that project on track under pressure — your calm focus made a huge difference.”

For more info on this or courses covering this topic, please call our friendly helpful team at Adapt on 01473 414 414 or enquiries@adaptltd.co.uk

🎯 **Top Tip**

Keep it personal and timely.

A short, heartfelt message means more than any expensive gift.

Make sure everyone hears “*you made a difference.*”

🌟 **Learning Challenge**

Today, choose one person and recognise their great work.

Be specific, be genuine, and see how it lifts the whole team spirit.